



OUR PARTICIPANTS

2013 - 2014

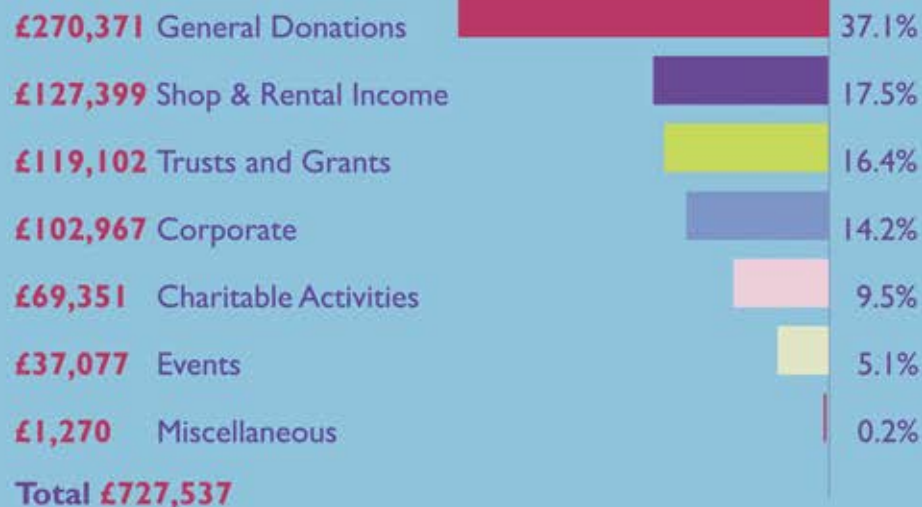
Our participants travelled from:



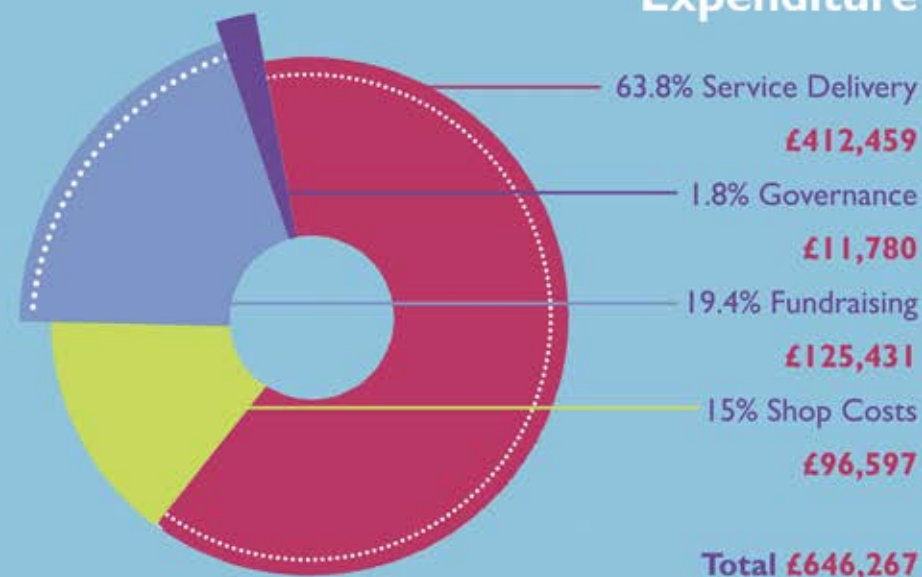
INCOME AND EXPENDITURE

2013 - 2014

Income



Expenditure



WHAT WE ACHIEVED 2013/14

Children

Early Intervention

In 2013/4 we provided 546 sessions of Conductive Education to 42 children with cerebral palsy between the ages of 6 months and 14 years. The Centre was open 6 days a week during term time and 25% of the children came to the Centre for 2 or more days a week. We ran 3 children's groups; the Parent and Child Group for the under 3's, the Nursery Group for 3-4 year olds and the Transition Group for children who are just starting school. There was

also a Saturday Club for older children. We also provided 117 individual sessions for children. We continued to develop our early intervention services and this year saw an increase of 43 % in the number of children attending the Parent and Child Group. We held 6 Open Days at The Rainbow Centre with the aim of creating a wider awareness of the needs of children with cerebral palsy amongst other health professionals, teachers, special needs support staff and other children's services providers. We also visited 14 nurseries and schools as part of this campaign.



The Parent Pathway

Following a successful pilot project last year, Moore Blatch Solicitors and Frenkel Topping agreed to help fund a part-time Family Support Worker for one day a week. Parents of children with cerebral palsy were able to receive help with the statementing process and identifying all appropriate funding streams. They were also able to receive advice on educational options and support at off-site meetings with other agencies and health professionals.

Action Cerebral Palsy

This year The Rainbow Centre became a founder member of Action CP a consortium of UK charities which campaigns to significantly improve UK provision for children with cerebral palsy and their families. Parents and staff gave evidence to a parliamentary inquiry launched to identify the policy changes needed to develop a national multi-agency strategy to enable every child with cerebral palsy to have consistent access to high-quality services.

85% OF PARENTS AGREED OR STRONGLY AGREED THAT THEIR CHILD HAD ACCOMPLISHED THINGS THEY WOULD NOT HAVE THOUGHT POSSIBLE AS A RESULT OF ATTENDING THE RAINBOW CENTRE

Matilda being able to use her arms and hands is so important as it means that she can do so much more for herself and explore the world around her

Debbie, Matilda's mother



WHAT WE ACHIEVED 2013/14

Adults

Improved Services

In 2013/14 our work with adults affected by neurological conditions such as Parkinson's, MS, strokes and head injuries continued to grow. It now represents 23 % of the Conductive Education sessions we delivered in this year.

In November 2013 in line with our commitment to improve and expand our services for adults we were delighted to appoint a new Lead Conductor for Adult Services and to create an additional full time post for a senior Conductor specialising in Conductive Education for adults.

In this year we provided 165 sessions of Conductive Education to 41 adults in the 26 – 77 age range. We ran 9 groups dealing with the separate needs of those with Parkinson's, MS, and strokes 5 days a week for 39 weeks in the year. This was an increase of an extra Parkinson's group and an extra MS group up on the previous year. As a result, 30% of adult participants doubled the number of sessions they were attending.

81% OF ADULTS USING
THE RAINBOW CENTRE
EXPERIENCED
A POSITIVE
OR SIGNIFICANTLY
POSITIVE CHANGE TO
THEIR MOBILITY

We continued our ongoing programme of engagement with health professionals involved in the treatment and care of MS, Parkinson's and stroke. The Rainbow Centre was able to provide the facilities for a MS nurse from the South East Hampshire MS Group to hold a clinic twice a month at The Rainbow Centre open to all MS sufferers not only those using our services.

Our new Lead Conductor for Adult Services visited a number of local Parkinson's Society Groups to provide support and advice as part of a programme to reach out to all local patient groups.



The Rainbow Centre has given me back my independence. Before I came here I was stuck in a wheelchair. Now I can walk around my home and garden and have the confidence to go out by myself. It's marvellous. And I can speak clearly again thanks to all their hard work

Harvey Smart

Accredited Training Centre

The Rainbow Centre is accredited to provide practical placements for conductor students training for their degree at the National Institute of Conductive Education in Birmingham. We also take university students doing a 'special interest' placement such as social workers, teachers and occupational therapists.

Rainbow Centre in the Community

This year we have had a record number of volunteers giving their time each week to help deliver our services to children and adults as well as helping with fundraising, gardening and in our three charity shops. Two of our volunteers have received civic awards in recognition of their commitment to the Centre.

On the 21st June 2014 the Rainbow Centre opened its doors to the general public for an Open Day to showcase its work and to say thank you to the local community for its continuing support. Some 1,500 people enjoyed a tour of the Centre and the many attractions available.





THE RAINBOW CENTRE

CHANGING LIVES ONE STEP AT A TIME

The Rainbow Centre helps people with cerebral palsy, MS, Parkinson's, stroke and head injury to live life to the full using Conductive Education. Conductive Education is a unique system of learning which is effective in training undamaged parts of the brain to take control of motor functions previously managed by the areas of the brain which no longer work.

Children – A Brighter Future.

The Rainbow Centre is the only facility in the Solent region providing an intensive early intervention programme for children with cerebral palsy. We can help children who were unable to meet normal developmental milestones to learn to sit up, stand, walk and play and do the millions of things that other children take for granted.

Adults – A Fresh Start

A growing part of our work is with adults who have Parkinson's, MS, or are recovering from a stroke or head injury. At the Centre people with these conditions can improve their mobility and learn practical strategies to help them live as normal a life as possible.

The Rainbow Centre is the only Centre for Conductive Education in the South of England providing services for both children and adults.

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